



Join the STRIDE Board - Volunteer Board Director Opportunity

About STRIDE

STRIDE is a nonprofit organization dedicated to creating meaningful employment opportunities and fostering community support across Halton and surrounding areas. We believe in the power of employment to transform lives—and that community leaders working together can make it happen.

Help Shape the Future of Employment and Recovery

STRIDE is seeking passionate community leaders to join our volunteer Board of Directors. As a Board Director, you will help guide an organization dedicated to supporting individuals facing mental health and addiction challenges in finding meaningful employment, building independence, and thriving within their communities.

Why Join Our Board?

- Make a meaningful impact in your community
- Help shape the strategic direction of a respected nonprofit organization
- Contribute your professional expertise and leadership experience
- Collaborate with a dedicated team of passionate volunteer leaders
- Support innovative programs that change lives through employment

Who We're Looking For:

We welcome applications from individuals who are passionate about our mission and interested in governance leadership. We are particularly interested in individuals with experience in:

- Governance and strategic planning
- Experience leveraging technologies, including AI
- Finance, Accounting or Human Resources
- Fundraising and community development
- Business leadership and entrepreneurship

Previous board experience is an asset but not required. We value diverse perspectives and welcome applicants at all stages of their leadership journey.

What We Offer

- Comprehensive board orientation and ongoing support
- The opportunity to serve on committees aligned with your expertise
- A collaborative, engaged board culture
- Clear governance structure and defined responsibilities

The Commitment:

- Two-year volunteer term
- Six Board meetings per year (held September - June)
- Committee participation and Annual General Meeting attendance
- Approximately 2–4 hours per month
- Meetings are a mix of in-person (at our Milton office) and virtual options

Our Commitment to Inclusion

STRIDE welcomes applications from individuals who reflect the diversity of the communities we serve. We actively encourage applications from people with lived experience, members of equity-deserving groups, and individuals from diverse professional and cultural backgrounds.

Join Us

We are currently recruiting new Board Directors and invite interested candidates to apply. Join us in helping create meaningful opportunities and brighter futures for individuals across Halton and surrounding communities.

How to Apply

Interested candidates are invited to submit:

- Your résumé
- A brief cover letter (250 words) describing your interest in STRIDE and why you'd be a strong board member

Submit applications to: Julie Henshaw

Email: info@stride.on.ca

Deadline: *Applications reviewed on a rolling basis*

Questions? Contact Julie Henshaw at info@stride.on.ca or 905-693-4252 ext. 400 for more information.